

LITTLEHAMPTON SWIMMING CLUB

(Established 1983)
Affiliated to South East Region ASA



EASTER MEET 2017

Arun Leisure Centre, Felpham PROGRAMME OF EVENTS

SUNDAY 9th APRIL 2017

		Session 1	Warm u	p TBA Start TBA
1	Boys	9 years & over	50m	Backstroke
2	Girls	9 years & over	200m	Freestyle
3	Boys	10 years & over	100m	Freestyle
4	Girls	10 years & over	100m	Butterfly
5	Boys	10 years & over	100m	Backstroke
6	Girls	9 years & over	200m	Breaststroke
7	Boys	9 years & over	200m	Individual Medley
8	Girls	9 years & over	50m	Butterfly
9	Boys	9 years & over	50m	Freestyle

		Session 2	Warm u	p TBA Start TBA
10	Girls	9 years & over	50m	Freestyle
11	Boys	9 years & over	200m	Freestyle
12	Girls	10 years & over	100m	Breaststroke
13	Boys	10 years & over	100m	Butterfly
14	Girls	9 years & over	200m	Backstroke
15	Boys	9 years & over	200m	Breaststroke
16	Girls	10 years & over	100m	Freestyle
17	Boys	9 years & over	50m	Butterfly
18	Girls	9 years & over	50m	Breaststroke

		Session 3	Warm up TBA Start TBA	
19	Girls	9 years & over	200m	Butterfly
20	Boys	9 years & over	200m	Butterfly
21	Girls	10 years & over	100m	Backstroke
22	Boys	9 years & over	200m	Backstroke
23	Girls	9 years & over	200m	Individual Medley
24	Boys	10 years & over	100m	Breaststroke
25	Girls	9 years & over	50m	Backstroke
26	Boys	9 years & over	50m	Breaststroke